

GET FAST, FREE AND CONFIDENTIAL POISON HELP

AVAILABLE 24/7/365 DAYS A YEAR

Choose one of two ways to get the help you need.

Call **1-800-222-1222** to reach your local poison center and speak with a live poison expert.

Get online poison help by visiting **PoisonHelp.org**

BE PREPARED ANYWHERE & ANYTIME.



Scan the QR Code to get immediate online poison help and the latest information on poisoning resources and trends.